

# Gina N. Dunckel Smith, Psy.D.

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## Education

- Sept. 2009 – April 2016      Illinois School of Professional Psychology at Argosy University, Chicago  
Chicago, IL  
**Master of Arts in Clinical Psychology (M.A.)**  
**Doctoral Student in Clinical Psychology (Psy.D.)**  
**Health Psychology Minor**  
American Psychology Association Accredited Program
- Sept. 2008 - July 2009      Argosy University, San Francisco  
Alameda, CA  
**Doctoral Student in Clinical Psychology (Psy.D.)**  
American Psychology Association Accredited Program
- Aug. 2003 -June 2006      William Jessup University  
Rocklin, CA  
**Bachelor of Science, Clinical Psychology**
- June 2006      Regent University  
Israel  
Study Abroad Program at Hebrew University

## Clinical Experience

- May 2023 – Present      Gina Dunckel, PsyD. PLLC  
Clear Lake Shores, TX  
**Licensed Psychologist**
- Performs psychotherapy with clients from diverse backgrounds from Fire, EMS, Law Enforcement, victims of crime, Veterans, and tertiary responders.
  - Provides treatment plans and therapeutic interventions based on evidence-based practices such as cognitive-behavioral interventions, Prolonged Exposure, and Eye Movement Desensitization and Reprocessing.
  - Addresses physiological effects of trauma on body through biological training.

- Conducts preventative presentations on PTSD 101 in groups with law enforcement, EMS and fire departments.
- Administers psychological assessments and provided recommendations to improve work and school performance.

Sept. 2021- Present                      Pearland Fire Department  
Pearland, TX  
**Mental Health Consultant**

- Provides guidance to peer support leadership to canvas, interview, and build peer support team.
- Creates unique monthly trainings to peer support team to continue team education and skill sets.
- Verifies, creates, maintains referral list of providers to ensure fire-cultural competence.
- Meets regularly with Fire Chief to build and maintain relationship between mental health and operations.
- Conducts all employee trainings for Bio Feedback, grounding skills, PTSD 101, and psychological first aid.
- Meets with members from fire department to build rapport, reduce mental health stigma and assess needs of department members.
- Uses fire-culturally focused interventions to improve work performance.
- Wrote a reactive and preventative mental health program and secured a stated funded grant.

January 2019 – April 2023      Gina Dunckel, PsyD. PLLC @ Psychology Resources  
League City, TX  
**Licensed Psychologist**

- Performed psychotherapy with clients from diverse backgrounds from Fire, EMS, Law Enforcement, victims of crime, Veterans, and tertiary responders.
- Provided treatment plans and therapeutic interventions based on evidence-based practices such as cognitive-behavioral interventions, Prolonged Exposure, and Eye Movement Desensitization and Reprocessing.
- Conducted preventative presentations on PTSD 101 in groups with law enforcement after mass casualty events.
- Administered psychological assessments and provided recommendations to improve work and school performance.
- Attended weekly individual supervision.

June 2016- January 2019              Gina Dunckel, PsyD at Psychology Resources  
League City, TX  
**Postdoctoral Fellow**

- Performed psychotherapy with clients from diverse backgrounds from Fire, EMS, Law Enforcement, victims of crime, Veterans, and tertiary responders.
- Provided treatment plans and therapeutic interventions based on evidence-based practices such as cognitive-behavioral interventions, Prolonged Exposure, and Eye Movement Desensitization and Reprocessing.
- Conducted preventative presentations on PTSD 101 in groups with law enforcement after mass casualty events.
- Administered psychological assessments and provided recommendations to improve work and school performance.
- Attended weekly individual supervision.

July 2014- July 2015

Valley Costal Bend VA Health Care System  
Harlingen, TX

**Psychology Intern**

PTSD Clinic Rotation

- Performed evidence-based therapy with veterans from diverse backgrounds struggling with trauma related diagnosis both in person and via telehealth.
- Provided treatment plans and therapeutic interventions such as cognitive processing therapy and prolonged exposure.
- Co-led evidence-based trauma groups.
- Conducted interactive psychoeducation groups.
- Administered detailed psychological assessment for PTSD using the Clinicians Administered PTSD Scale (CAPS).

General Mental Health Rotation

- Perform short term psychotherapy and assessment to a diverse population of veterans.
- Consult with medical professionals to create treatment plan and interventions in a milieu setting.
- Conducted evidence-based psychotherapy groups for depression, meditation, substance use disorder.
- Administered detailed psychological assessments and reports.
- Conducted grand rounds on Meditation and Mindfulness and Moral Injury.

Primary Care Rotation

- Perform short term psychotherapy in an outpatient setting.
- Consult with medical professionals to create treatment plan and interventions to address health related disorders.
- Conducted and co-led evidence-based psychotherapy groups for Chronic Pain.

- Administered brief psychological assessments and reports for neurocognitive disorders and PTSD.

#### Telehealth Health Rotation

- Perform evidence-based psychotherapy using telehealth platform. short term psychotherapy in an inpatient unit setting.
- Learned ethics and best practices for telehealth in psychotherapy.

May 2013-June 2014

Michael E. DeBakey VA Medical Center  
Houston, TX

#### **Psychology Extern**

##### PTSD Clinic Rotation

- Performed evidence-based therapy with veterans from diverse backgrounds struggling with trauma related diagnosis.
- Provided treatment plans and therapeutic interventions such as cognitive processing therapy.
- Co-led evidence-based trauma groups.
- Conducted interactive psychoeducation groups.
- Administered detailed psychological assessment for PTSD.

##### Spinal Cord Injury Rotation

- Perform short term psychotherapy in an inpatient unit setting.
- Consult with medical professionals to create treatment plan and interventions.
- Conducted evidence-based psychotherapy groups.
- Administered detailed psychological assessments and reports for adjustment to spinal cord injury.

Aug. 2011- July 2012

Cornerstone Counseling Center of Chicago  
Chicago, IL

#### **Therapy Extern**

- Performed psychotherapy with clients from diverse backgrounds.
- Provided treatment plans and therapeutic interventions based on evidence-based practices such as cognitive-behavioral interventions and Eye Movement Desensitization and Reprocessing.
- Conducted behavioral intervention groups with at risk youth.
- Administered psychological assessments to youth using cognitive achievement measures to assess academic performance.
- Provided assessment reports with recommendations for improving academic performance.
- Attended bi-weekly EMDR consultation and supervision.
- Attended weekly individual supervision and weekly group supervision.

Aug. 2010 – Aug. 2011      Argosy University Chicago Psychological Services Center  
Chicago, IL  
**Diagnostic Extern**

- Performed in-depth therapy and diagnostic intake interviews with college students from diverse backgrounds and with a wide range of presenting problems.
- Administered psychological assessments using cognitive, achievement, projective, and objective measures to assess academic performance and psychological health.
- Completed integrative assessment reports and offered recommendations for improving academic learning and psychological well-being.
- Provided therapy and created a treatment plan for an individual therapy client.
- Conducted classroom presentations to inform current students of the services offered at the PSC.

Oct. 2005 - May 2006      Family Service Agency Suicide Prevention,  
Sacramento, CA  
**Undergraduate Practicum Trainee**

- Assisted a diverse population of individuals in crisis through suicide prevention hotlines.
- Provided information (such as mental health psychoeducation and parenting skills), counseling and referrals.
- Counseled parents, family, and care givers experiencing distress on the parent stress hotline.
- Trained to be a teaching assistant and led training models for new employees and volunteers.
- Led weekly meetings with new/potential counselors.
- Supervised, evaluated, and created personalized training plans for new counselors.
- Updated training manuals used to aid in teaching new employees and volunteers.
- Organized new policies and procedures to effectively support callers, which included implementing an option for callers to be contacted one week after their initial call.

Sept. 2005- Feb. 2006      Rocklin Community Counseling  
Rocklin, CA  
**Undergraduate Psychology Intern**

- Assisted group facilitator during adult group therapy sessions.
- Met with new clients to complete initial intake evaluations.

- Met weekly with supervisor to discuss treatment plans for adolescent clients.
- Created and maintained adolescent drug and alcohol treatment program.
- Attended courses and obtained certification in Women's 12 Step group therapy.
- Prepared and conducted billing and invoices for MediCal.
- Verified accurate treatment plans to comply with MediCal billing.

### **Volunteer Experience**

Aug. 2012 – Nov. 2012 Lone Tree Elementary at Beale Air Force Base,  
Marysville, CA

#### **Teacher's Aid**

- Aided teacher with leading transitional kindergarten classroom activities.
- Conducted small group reading activities.

Aug. 2012 – Nov. 2012 Beale Air Force Base  
Marysville, CA

#### **Volunteer**

- Provided health resources information at twice weekly deployment debriefings.
- Created recommended reading lists and referral information for various mental health concerns at Beale Air Force Base.
- Researched local mental health resources for Exceptional Family Member Program website.

Sept. 2009 9-11 Firefighter Give Back Meal  
Chicago, IL

#### **Volunteer**

- Served meals to firefighters.

July 2009 Beautiful Day Neighborhood Restoration Project,  
San Jose, CA

#### **Volunteer**

- Organized volunteers to provide services to 15 neighborhoods.
- Created flyers and pamphlets containing information about Beautiful Day.
- Disbursed flyers to neighborhoods.

### **Professional Conferences/Workshops Attended**

Help Her Heal Empathy Workshop, 2024

Fire Service Psychology Association Conference, Oct. 2023

Society of Advancement of Sexual Health, April 2016

International Society for Traumatic Stress Conference, Nov. 2014

Psychology of Combat presented by Lt. Col. Grossman, Aug. 2012

Emotional Wounds of War: Clinical Work with Military, Veterans and their Families,  
Dec. 2011  
International Society for Traumatic Stress Conference, Nov. 2011

### **Professional Membership**

EMDRIA 2012-Present  
Fire Psychology Association, 2023  
Honorary Member, IAFF, Pearland local 4964

### **Trainings and Certifications**

Performance Based Breath Certification October 2023  
Heart Math trained for Heart Rate Variability training, 2023  
IAFF Peer Support Training, August 2023  
Mindfulness and Biofeedback, August 2022  
EMDR 2.0 trained, May 2020  
ASSYST and Group EMDR protocol trained, January 2019  
EMDR Certified, January 2020  
CISM certified 2018  
Cognitive Processing Therapy, June 2013  
Hypnotherapy Training, June 2011  
Prepare and Enrich Training, Dec. 2011  
Eye Movement Desensitization and Reprocessing Level I &II, Dec. 2011  
Advanced Projective Testing, Jan. 2011  
Advanced Objective Testing, July 2010

### **Research, Presentations, Media, and Publishing**

Presentation on “Sleep Hygiene and Psychological First Aid” at Laredo Fire Department,  
February 2023  
Presentation on “PTSD 101 and Psychological First Aid” at Huntsville Fire Department,  
June 2023  
Presentation on “Fire Department Mental Health” at Texas Fire Administrative Assistant  
Association Conference, March 2023  
Podcast for Carol the Coach on First Responders and Infidelity, June 2020  
Presentation on “EMDR and Law Enforcement Mental Health” at Texas Chief’s  
Association, May 2019  
Publishing of “PTSD and Sexual Dysfunction” in Journal of Sexual Medicine, January  
2016  
Poster presentation at International Society for Traumatic Stress Studies, November 2014  
Clinical Research Project: “Multicultural Psychotherapy: A Conceptualization of PTSD”,  
April 2016

